

# **New West Spartans Track and Field Club**

## **COVID-19 Cleaning Protocols**

New West Spartans Track and Field is committed to maintaining a safe and healthy environment for all Athletes, Coaches, Volunteers and other members. In the interest of this NW Spartans Health and Safety Officers will review the COVID 19-Protocols on a weekly basis to ensure all steps are both effective and necessary. Any changes necessary will be made to this document and posted soon on the New West Spartans website.

The following cleaning, sanitizing and or disinfecting supplies will be used:

1. Hand sanitizer
2. Spray bottles, with disinfecting solution
3. Paper towels
4. Soap and water

All equipment will be only used by one participant per training session and it will be sanitized before and after the session. Some types of equipment include but are not limited to the following:

1. Cones
2. Orange mini hurdles
3. Other hurdles.

No training on mats (high jump) until such time as an approved method of sanitization is determined and approved by BC Athletics

If any athlete is to so training such as starts that requires hands touching the track surface, that area of the track will be sprayed with disinfectant

All coaches will be supplied with disinfectant spray to be used during any training